



**Brilliant
Parents**

Transforming
Children's Lives

Triple P Discussion Group **Dealing with disobedience**



IS THIS YOU?

Most of the time, parenting is fun. You know you are doing a good job, but sometimes you struggle when your child doesn't do as they are told.

Do you know that it's natural for children to test their limits, but they also need to learn to follow instructions? You can teach your child to cooperate and do the right thing. You also need a plan for dealing with disobedience if it happens, so you can follow through and make sure children do what they've been asked to do.

This Triple P (Positive Parenting Programme) workshop will look at some of the reasons why children may not

do as they are told and will give you some practical suggestions to help you prevent disobedience, teach your child limits and manage any problems if you need to.

For more information please contact:
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